

10 WAYS TO BE kind TO THE EARTH



Try these simple ways to **go green** and save Earth's natural resources.



- 1. Use Recyclable Shopping Bags**
Cloth bags last for years and cut down on plastic.



- 6. Recycle**
Sort cans, bottles, glass and paper into recycling bins.

- 2. Plant a Garden**
Vegetables are easy to grow and delicious to eat.



- 7. Buy a Reusable Water Bottle**
Carry and refill a water bottle from your tap.



- 3. Unplug**
Save energy by switching off lights, TVs and devices.

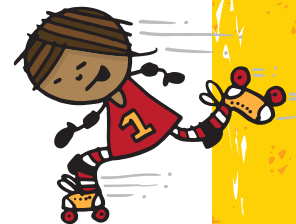


- 8. Visit a Farmer's Market**
Meet the local farmers growing your vegetables and fruit.

- 4. Save Water**
Every drop counts!
Turn off faucets quickly and take short showers.



- 9. Bike, Walk or Skate**
Ride your bike, walk to school or skate to a friend's house.



- 5. Meatless Mondays**
Encourage your family to eat vegetarian one day each week.



- 10. Learn about Composting**
Set up a home compost bin for food scraps and vegetable trimmings.

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