

Animal Moves for Kids

Keeping your body healthy with movement and exercise can be super fun! Whether you're inside or outdoors, try these animal moves to get your arms, legs and body moving. Be sure to use your imagination to make nature sounds while you're pretending to be your favorite animal!



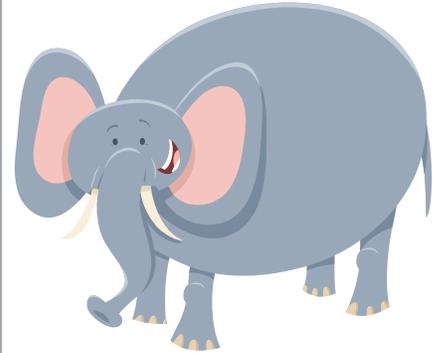
gallop like a horse



leap like a frog



stomp like an elephant



swim like a turtle



waddle like a duck



hop like a kangaroo



kick like a donkey



swoop like an owl



stretch like a cat

