

30 Days of Smart Financial Choices

Spend less, save more and live the life you're dreaming of! It's all about making educated decisions, deciding what's really important and taking small steps towards your goals. Challenge yourself to implement these budget ideas and money-saving strategies to secure your financial freedom!

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
WEEK 1: STRATEGIZE	1 Create a financial vision board.	2 Post a financial calendar.	3 Prioritize debt repayment.	4 Set specific financial goals.	5 Create "Would I rather" scenarios.	6 Keep multiple accounts.	7 Investigate insurance policies.		
WEEK 2: SAVE	8 Unplug.	9 Free is just as fun.	10 Save or invest more.	11 Stash "found" money.	12 Prepare for emergencies.	13 Target small AND large goals.	14 Revisit used versus new.		
WEEK 3: SKIP	15 Go generic.	16 Don't renew.	17 Go big every other year.	18 Experiences, not things.	19 Investigate before you call.	20 Say "so long" to streaming.	21 Stick to one menu course.		
WEEKS 4 & 5: SHOP	22 Determine per-use cost.	23 Solo-shop.	24 Ask for a deal.	25 Forage at farmers' markets.	26 Spend slowly on hobbies.	27 Find better rewards.	28 Shop—or don't.		
	29 Quality over quantity.	30 Invest in YOU.	<p>You'll find helpful details for each day's challenge at Mindful.</p> <p>  </p> <p>mindful.sodexo.com</p>						